

Dear Parents,

In order to continue your child's educational growth while their center is closed a package of home learning activities have been prepared for you and your child to do at home.

The package contains developmental appropriate activities for children 8wks to 3 years old in the areas of physical, math, language, literacy, and social emotional. A calendar has been provided for you and your child to do a different activity each day. Please feel free to do the activities as many times as your child would like; reinforcement is great! Also, included you will find links to free website that have great activities.

Please remember to be safe and we all are looking forward to seeing you when centers reopen.

If you have questions, please feel free to contact me.

Additional Learning Activities:

<https://www.abdozoom.com/zoomchoice/?tk=AE75056C570B319A6B47A15986D1DEE9>

<https://www.familyeducation.com/fun/activities-babies/its-playtime-baby-12-simple-developmental-activities-try-your-tot>

https://www.gov.nl.ca/eecd/files/earlychildhood_everyday_i_learn_through_play.pdf

<https://www.zerotothree.org/resources/164-play-activities-for-birth-to-12-months>

Thanks

Phyllis Lott, Early Head Start Manager

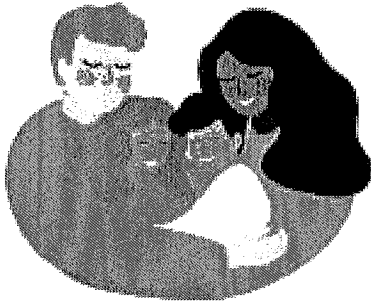
GLEAMNS Head Start

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May 2020

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
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Notes

- Please remember to work on potty-training
- Your child's teacher will be calling weekly to just stay in touch
- WE MISS YOU SO MUCH!!!!!!

Objective 2
Establishes and sustains
positive relationships

c. Interacts with peers

Related Objectives: 1b, 3a, 8a, 9a, 9b, 12a, 23, 29, 30, 34

What You Do

1. Sing to the tune of "London Bridge."

Hello, Annie, how are you?

How are you?

How are you?

Hello, Annie, how are you?

How are you today?

2. Invite the child to answer the question.

3. Repeat using the names of other children in the group.

Objective 11

Demonstrates positive approaches to learning

a. Attends and engages

Related Objectives: 2a, 7a, 8a, 8b, 15a

What You Do

1. Chant the rhyme and perform the movements.

Clap for you, clap for me. [*Clap and point to yourself first and then the child.*]

Clap your hands: 1, 2, 3. [*Clap three times.*]

Clap them big and clap them little.

[*Clap using broad arm movements and then narrow ones.*]

Clap them from your head to middle.

[*Clap in front of your face and then down toward your waist.*]

Objective 34
Explores musical concepts and
expression

Related Objectives: 2a, 2b, 8a, 11a, 15a

What You Do

1. Recite the rhyme while holding a child.

When I look at your sweet face, [*Touch the child's nose.*]

I can see a smile in place. [*Run your fingers along his chin and smile.*]

When I take a peek at you, [*Cover your eyes and peek at the child.*]

I can see your [color of child's eyes] eyes, too.

2. Repeat the rhyme and add movements.

Objective 20

Uses number concepts and operations

c. Connects numerals with their quantities

Related Objectives: 4, 5, 6, 7a, 8a, 8b, 11a, 12b, 14a, 20a

What You Do

1. Select a 1, 2, or 3 numeral card and hold it up for the children to see. Invite children to join you as you do a motion for each numeral.

One [hop]

One, two [crawls]

One, two, three [big steps]

2. Encourage children to participate in developmentally appropriate ways. Hold younger children and move their hands or feet to match the numeral. Invite older children to suggest motions to accompany each numeral.

The Creeping Ladybug

06

Objective 12
Remembers and connects experiences

b. Makes connections

Related Objectives: 2a, 3a, 5, 8a, 8b, 11a, 13, 21a, 29, 35

What You Do

1. Sing to the tune of "Are You Sleeping?"

The creeping ladybug, moving slowly
From your head to your nose
Crawls down to your tummy,
then onto your kneecap,
Down your legs, to your toes.

2. Walk your fingers down the child's body as you sing, pausing on each body part.

Special Letter Chant

90

Objective 16
Demonstrates knowledge of the alphabet

b. Identifies letter-sound correspondences

Related Objectives: 1b, 8a, 8b, 12a, 15c, 23, 29, 34

What You Do

1. Create a chant to transition to the next activity using the first letter sound of children's names.

/t/ /t/ Tyeisha,
/p/ /p/ Paul,
/e/ /e/ Evelyn,
Let's go wash our hands.

2. Clap your hands and keep the beat.

3. Repeat with other children's names.

Silly Animal Walk

02

Objective 4
Demonstrates traveling skills

Related Objectives: 1b, 2a, 5, 8a, 11a, 11b, 14b, 36

What You Do

1. During transitions between activities, invite children to copy you as you move like an animal. Use the following instructions as you demonstrate each movement.

Let's pretend to be puppies today.
Let's crawl around and pick up all the toys.
[Use for cleanup time.]
Let's pretend to be big hairy apes and walk to the door on all fours. [Use for going outdoors.]
Let's march like horses. [Use for waiting in line.]

2. Hold infants in your arms and point out other children's actions. "Do you see Marcus? He's pretending to be a cat."

Let's Put On Your Pants

04

Objective 1
Regulates own emotions and behaviors

c. Takes care of own needs appropriately

Related Objectives: 2a, 6, 7a, 8b, 11b, 15a, 23, 26, 29

What You Do

1. When helping a child get dressed, describe what you are going to do, e.g., "Michael, I'm going to help you take off your wet shirt. Feel how wet it is? Let's put on a dry one."

2. Sing to the tune of "The Farmer in the Dell."

Let's put on your [pants].
Let's put on your [pants].
One [leg], the other [leg],
Let's put on your [pants].

3. Adapt the song using other clothing items.

Time to Close Your Eyes

83

Objective 23

Demonstrates knowledge of patterns

Related Objectives: 1a, 1b, 1c, 2b, 3a, 7a, 9a, 9b, 10b, 12a, 15a, 26, 31, 34

What You Do

1. Sing to the tune of "Alouette" when helping children transition to nap time.

Goodnight, [Jeffrey].

Goodnight, little [Jeffrey].

Goodnight, [Jeffrey].

It's time to close your eyes.

Tell Me a Story

82

Objective 9

Uses language to express thoughts and needs

a. Uses an expanding expressive vocabulary

Related Objectives: 2a, 2b, 8a, 9a, 9b, 9d, 11a, 29

What You Do

1. Sit near the child and invite her to listen to a story about her. Alter the story as appropriate.

Once there was a little girl named [child's name] who loved school. Every day, she would wake up and brush her teeth and eat breakfast before leaving for school. She loved the ride to school because there was so much to see along the way: the garbage truck, the big city buses, and the school buses. [Child's name] was happy to see her friends at school! She loved to see her friends and be a helper. Her favorite part of the day was [child's favorite activity].

Remember When...

57

Objective 12

Remembers and connects experiences

a. Recognizes and recalls

Related Objectives: 2b, 8a, 8b, 10a, 11d, 13, 14a, 21a, 29, 31, 36

What You Do

1. Talk with children about things that happened in the recent past. Describe an event that took place using as much detail as appropriate. Use a visual prompt (an object associated with the event) that the children can look at or touch. "Remember yesterday when Ms. Marita brought these flowers into our room? We were so surprised to see her with these beautiful white daisies. That was very kind of her to give these to us."

A Toy for Kitty

01

Objective 11

Demonstrates positive approaches to learning

d. Shows curiosity and motivation

Related Objectives: 2a, 6, 7a, 8a, 8b, 11b, 13

What You Do

1. Recite the rhyme.

Kitty likes a furry mouse

To chase around the farmer's house.

But in a pinch a toy is fun,

As long as it's furry—let's find her one!

2. For toddlers and 2-year-olds, place two small toys in a bag, one that is furry and one that is not. Invite the child to feel the toys inside the bag. Ask, "Is there a furry toy in this bag for Kitty? Can you take it out for me?"

Big Red Fish

69

Objective 14

Uses symbols and images to represent something not present

b. Engages in sociodramatic play

Related Objectives: 1b, 6, 7a, 8a, 9a, 12a, 15a, 18a, 21a, 25, 34, 36

What You Do

1. Recite the rhyme.

Big red fish, swimming through the sea.
Big red fish smiled up at me.
Big red fish sure swam fast.
Big red fish—home at last.

2. Use your hand to make a fish and move it back and forth in a swimming motion as you recite the rhyme. For children who are able, invite them to do the same.

3. When you get to "home at last," gently place your hands in your lap.

Hop Around

89

Objective 35

Explores dance and movement concepts

Related Objectives: 1b, 3a, 4, 5, 8b, 11a, 34

What You Do

1. Sing the following song to the tune of "Skip to My Lou."

Hop, hop, hop all around.
Hop, hop, hop all around.
Hop, hop, hop all around.
Let's hop around together.

2. Repeat, substituting different actions for "hop."

Row, Row, Row Your Boat

52

Objective 34

Explores musical concepts and expression

Related Objectives: 1b, 3a, 5, 8a, 11d, 30, 36

What You Do

1. Sing "Row, Row, Row Your Boat." After the first verse, substitute *rock* and then *tug* for *row* as you sing additional verses, e.g., "[Rock], [rock], [rock] your boat...".

2. Hold the child in your lap or sit with the children. Move your body with the motions and encourage the child or children to move with you.

What's in the Bag?

72

Objective 11

Demonstrates positive approaches to learning

d. Shows curiosity and motivation

Related Objectives: 1b, 3a, 8b, 9b, 12a, 12b, 24, 26

What You Do

1. Place an object in a soft bag or pillowcase.

2. Invite the children to feel the object through the bag and guess what the object might be. Add to their descriptions and ask questions that encourage them to add new details. "Dayvon said 'bear.' It sounds like he thinks it might be a stuffed teddy bear. Dayvon, why do you think it is a teddy bear?"

3. Open the bag and talk about the object. "It was a teddy bear! He is big and brown with a polka-dot bowtie around his neck."

Objective 23

Demonstrates knowledge of patterns

Related Objectives: 1b, 1c, 3a, 7a, 8a, 8b, 11b, 12b, 13, 21a, 23, 24, 26

What You Do**1. Sing to the tune of "The Farmer in the Dell."**

Let's go [wash your hands].

Let's go [wash your hands].

Come with me my little one,

Let's go [wash your hands].

2. Change the lyrics to encourage children's participation in other routines.

Let's go [to the potty].

Let's go [change your shirt].

Objective 9

Uses language to express thoughts and needs

a. Uses an expanding expressive vocabulary

Related Objectives: 3, 4, 5, 8a, 8b, 9b, 11a, 20a.

What You Do**1. Recite the chant and indicate when toddlers and 2-year-olds should say, "Just like me!" Encourage the child to copy your movements.**I went upstairs. [*Mime walking up stairs.*]

Just like me!

I went into a room. [*Mime opening a door.*]

Just like me!

I looked out of a window. [*Mime looking out of a window.*]

Just like me!

And there I saw a monkey. [*Scratch under your arms.*]

Just like me!

Objective 14

Uses symbols and images to represent something not present

b. Engages in sociodramatic play

Related Objectives: 4, 5, 8a, 8b, 12a, 12b, 15a, 18a, 24, 27, 35

What You Do**1. Recite the poem.**

We are the clouds, floating by.

We are the sun, high in the sky.

We are the birds, flying around.

We are the trees, strong in the ground.

2. Invite the children to move with you as you say the poem, acting out the words. Support infants in your lap as you gently move their bodies to the words.**Objective 7**

Demonstrates fine-motor strength and coordination

a. Uses fingers and hands

Related Objectives: 2a, 7a, 8a, 8b, 8c, 11a, 15a, 20a

What You Do**1. Recite the rhyme. Take the child's hand and gently wiggle each finger as you say a number, starting with the index finger.**One, two, buckle my shoe. [*Wiggle the middle finger.*]Three, four, shut the door. [*Make the hand into a fist.*]Five, six, pick up sticks. [*Squeeze the thumb and index finger on the other hand.*]Seven, eight, lay them straight. [*Place both hands palm down on the child's legs.*]Nine, ten, a big fat hen! [*Clap both hands together.*]

Objective 13
Uses classification skills

Related Objectives: 1b, 1c, 2b, 3a, 4, 7a, 9a, 9b, 10b, 12a, 15a

What You Do

1. Look for opportunities to notice when a child helps the group in some way, e.g., a young infant hands you a book to put in the book basket at cleanup time; a toddler gets another child's blanket for him at nap time; a 2-year-old passes out napkins at snack time.

2. Sing to the tune of "Row, Row, Row Your Boat."

Thank you, thank you, thank you, [Max].

It's good that you were here.

We'd like to show you our thanks,

Let's give a thank-you cheer!

3. Applaud and cheer for the child.