

CSBG Spotlight

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A Message from our CSBG LIHEAP Program Director Greetings, Partner and Friends!

This year marks the 3rd edition of the GLEAMNS CSBG Newsletter. We have chosen to continue this newsletter to display our efforts of changing lives and our continued passion to help others help themselves. The entire GLEAMNS agency works together as a whole, and the energy we create as one allows us to reach many individuals and families as we bring positivity and hope through information, education, and fellowship. We are very proud to be able to continue to share this with all of you!

Moreover, I would like to express my sincere gratitude to all of you who so generously donated your time and gifts to help us make our annual Community Action Day a huge success again this year, and we could not have made this day happen without all of you!

Here at GLEAMNS, we value and cherish the partnerships we make as they more often than not prove to be formed on a strong common ground which in turn makes them last for many, many years to come!

I would like to welcome our new staff members that have joined since our last issue in December 2016. In addition, we give farewell wishes to those that have gravitated to new and challenging careers to continue their journey of making powerful yet life-defining imprints in the lives of others.

In this issue, you will be enlightened to know that our Service to one unemployed customer became a Step Up into Employment and gaining a New GLEAMNS Family!



-Marcella Kennedy

Did you know?

CSBG is a federal anti-poverty block grant. It was created in 1981 to help alleviate the causes and conditions of poverty.¹

Sincerely,

Marcella A. Kennedy



Editor's Note —from Zsazquez Flucker, Assistant CSBG LIHEAP Program Director

Summer's here!!! And you know what else? It's been one year since our very first issue rolled out! (Yes, it was in June 2016!) Thanks to those who've been with us since Day One! With everything that's going on in our world today, from budget cuts to etc., it's always good to see how people's lives are being changed for the better. I hope that you enjoy this issue, and remember, it's not just about our Community Services Block Grant Department, but it's also about 'community action' as a whole. The motivation for us all is truly about 'helping people' and 'changing lives'...one family at a time.

Zsazquez Flucker

GLEAMNS Celebrates Community Action Day

Did you know that May is National Community Action Month? As a way to promote awareness of community action, GLEAMNS HRC, Inc. celebrates Community Action Day every May. This year, Community Action Day took place on Friday, May 19, 2017. The GLEAMNS Community Services Block Grant program held the event in Greenwood at the Brewer Recreation Center, or as some call it, the Old Brewer Middle School Gym. The event took place from 10am to 2pm and gave the community an opportunity to fellowship and see what resources are available in the area.



Exhibitors speaking with customers.

Much like last year, exhibits were set up throughout the venue. Exhibitors included Meg's House, United Way, Greenwood Commissioners of Public Works (CPW), and GLEAMNS programs such as Head Start. Clinica Gratis, which is a program of Community Initiatives, Inc., provided free health screenings to attendees, checking blood pressure and glucose levels of those interested.



Customer getting a free health screening from Clinica Gratis representative.



CSBG staff serving lunch to attendees.

Lunch was provided by Greenwood's S&S Restaurant and was free to all attendees. Also, several giveaways took place throughout the day, including rounds of door prizes and a first-ever cake walk! With the cake walk came music and even line-dancing for those brave enough to join the others on the gym floor. The cakes for the cake walk were provided by CSBG staff, and the door prizes were donated from local vendors, such as Laurens CPW, Abbeville Public Utilities, and Palmetto Propane, Inc. to name a few.



Attendees enjoying lunch in the cafeteria area of the Brewer Recreation Center.

Over 150 people were in attendance at the GLEAMNS Community Action Day, including almost 20 exhibitors stationed throughout the venue. Community Action Day was truly a huge success, as it brought programs and customers together to celebrate and support everyone's efforts in making the local community a better place to live.

—Article and photos by Zsaquez Flucker, GLEAMNS staff

CSBG Wins Top Awards at the Annual Statewide Spring Conference

On April 20, 2017, the South Carolina Association of Community Action Partnerships (SCACAP) held its annual awards banquet to close out the 2017 Statewide Spring Conference. It turned out to be a BIG night for GLEAMNS since many of the award recipients were from the agency! Much like GLEAMNS Head Start and Weatherization, the GLEAMNS CSBG Department won top honors as well, receiving the following awards:

2016 CSBG/LIHEAP State of the State Award

**NEW
AWARD!**



GLEAMNS receiving the "State of the State Award," pictured with OEO LHEAP staff.

The South Carolina Office of Economic Opportunity (OEO) awarded GLEAMNS with the **CSBG/LIHEAP State of the State Award**. This new award recognizes an agency for excellence in delivering well-managed services for CSBG and LIHEAP Programs. The State of the State recipient exhibits effective initiatives, innovation, and collaboration to implement outcome-based programs that produce positive results. The award criteria is based on monitoring reports, board compliance, and other criterion.

2016 Gilbert C. Zimmerman Memorial Award



CSBG's Marcella Kennedy (shown right) receiving the "Zimmerman Memorial Award." She is pictured with Shunna Vance, GLEAMNS CEO (left) and Leon Bowens, SCCAP President (center).

The **Gilbert G. Zimmerman Memorial Award** is presented to a Community Services Director and CSBG/LIHEAP Program Director that developed and implemented programs that have been successful in helping low-income individuals and communities. The South Carolina Association of Community Action Partnerships (SCACAP) awarded our very own Marcella Kennedy, the GLEAMNS CSBG Program Director, with this award!

Did you know?

The South Carolina State Office administers CSBG funds to 14 Community Action Agencies (or CAAs) in the state, and GLEAMNS is one of them. ²

Meet the Vendors at Community Action Day!

On May 19, 2017, GLEAMNS held its annual Community Action Day at the Brewer Recreation Center. Below (and on the next few pages) are some of our community partners that were able to join us that day!



Hello, Meg's House!



Hello, Aglow! Aglow speaking with a customer about their services.



Hello, Community Initiatives, Inc. with Clinica Gratis!



Hello, Department of Social Services!



Hello, Regions 5 Adoptions/Heartfelt Calling!



Hello, GLEAMNS Human Resources Department!

“Meet the Vendors” continued...



Hello, DHEC! Greenwood County Health Department getting a visit from GLEAMNS staff.



Hello, South Carolina Electric & Gas!



Hello, SC Vocational Rehabilitation Center!



Hello, WellCare!

—Go to page 8 to meet more vendors from the event!

Thanks to the following entities for providing door prizes and advertisement!

- | | |
|---|-------------------------------------|
| Abbeville Public Utilities | Index-Journal |
| Aiken Electric Cooperative, Inc. | Kays Day Care |
| Barnes Oil & Propane | Laurens Electric Cooperative, Inc. |
| City of Clinton | Newberry Electric Cooperative, Inc. |
| Clinton Newberry Natural Gas Authority (CNGA) | Palmetto Propane, Inc. |
| CPW (of Laurens) | Rejoice 1090 AM |
| GwdToday | Sunny 103.5 FM |

Youth Leadership in Action

The CSBG Youth Leadership Program is a youth development program aimed at encouraging life and leadership skills in our “leaders of tomorrow.” Whether it’s during the school year or the summer, our YLP students are always engaging in educational opportunities!

Youth Leadership Program Experiences the Mays House

For Black History Month, the Youth Leadership Program (YLP) toured the Dr. Benjamin E. Mays Historical Preservation Site. The site is located on the grounds of GLEAMNS HRC, and on February 28, 2017, YLP went to the area to look at the life of this American civil rights icon. Students explored the actual childhood home of Dr. Mays and even picked cotton in a small patch near the home. The students later checked out an original one-room African-American school from the 1800s. The tour concluded at the Mays Museum, where students walked through a large gallery of photographs and ‘wall narratives’ of Dr. Mays’ life. During this point in the tour, students learned how Dr. Mays played an influential role in the lives of many famous figures, from being a mentor to Dr. Martin Luther King, Jr. to even serving as an adviser to President John F. Kennedy. Overall, the Youth Leadership Program enjoyed this educational yet interactive look into the prominent life of Dr. Mays, taking place right in GLEAMNS’ backyard!



Students and tour guide, Christopher Thomas, in front of the Mays Museum, which is one of three buildings on its Preservation Site. The GLEAMNS Teen After School Center Program joined Youth Leadership for the outing.



The students turned their first experiencing with picking cotton into a competition. This cotton patch was surrounded by an old well, an original outhouse, and other elements reminiscent of a sharecropper’s homestead.

Students listening to tour guide, Christopher Thomas, as he tells them about the early life of Dr. Benjamin Mays.



YLP Visits Washington, D.C.!



Photo of the White House from a distance.

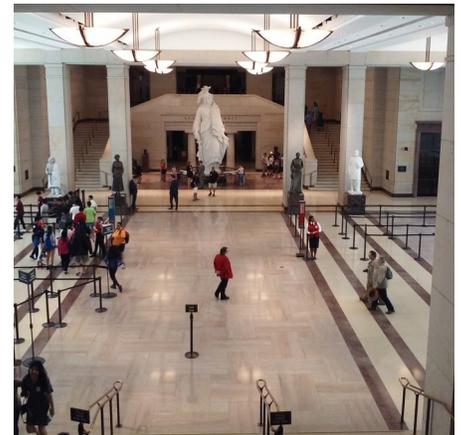
In June, our Youth Leadership Program experienced what most people have not—a trip to our nation’s capital! On June 28, 2017, the South Carolina Association of Community Action Partnerships (SCACAP) kicked off the Statewide YLP 2017 Washington DC Education Tour. This “Wonders of Washington” (WOW) tour was designed to increase the educational and cultural awareness of our youth, allowing students to learn and have fun at the national level. The National 4-H Youth Conference Center provided accommodations and guided tours for the YLP groups during their two-night stay in D.C. The YLP groups were able to discover the nation’s capital and visit famous sites, including Capitol Hill and the National World War II Memorial. Both students and staff agree that this D.C. trip was like no other, and they were grateful for this once-in-a-lifetime opportunity. Three YLP students and two adults were able to represent GLEAMNS for the trip. —Article by Zsaquez Flucker, GLEAMNS staff



YLP at the National World War II Memorial. From left to right—Sydni Cooks-Greer, Geneva Patterson (Instructor), Jervoriea Smith, and Juwan Quarles.



All YLP groups from South Carolina getting ready for a day of sight-seeing.



Inside the U.S. Capitol Building.



At the U.S. Marine Corps War Memorial (also known as the Iwo Jima Memorial).



At the MLK, Jr. Memorial.



Group photo with the White House in the background.

—D.C. photos provided by Geneva Patterson, GLEAMNS staff

ENROLL YOUR STUDENT IN YOUTH LEADERSHIP NOW!

Enrollment in YLP is open throughout the year, so eligible students can enroll during the school year and even during the summer months.

For more information, please check out our Youth Leadership flyer on page 16 of this issue!

“Meet the Vendors” continued...



Hello, Head Start! GLEAMNS Head Start listening to a customer.



Hello, Insurance Corner!



Hello, United Way!



AmeriCorps Upstate (left) being interviewed by a representative from local radio station Rejoice 1090 (right). The radio station was providing live coverage at the event. Hello, Ladies!



Hello, Greenwood CPW (Commissioners of Public Works)!



Hello, Morningside of Greenwood!

“Meet the Vendors” continued...



Hello, Lincoln Heritage Life Insurance!



Hello, GLEAMNS Weatherization Department!



Hello, Greenwood County Adult Education!



Hello, Stacy Douglas! Stacy, from the Stacy Douglas Foundation, came as a representative for radio station Rejoice 1090 to provide event coverage.

Did you know?

The CSBG network consists of more than 1,000 agencies throughout the nation that help low-income individuals and families. Most agencies in the CSBG network are Community Action Agencies (CAAs).³

We would like to thank all the agencies and vendors that came to our event!

Aglow
 AmeriCorps Upstate
 Clinica Gratis
 CPW (of Greenwood)
 Community Initiatives, Inc.
 Department of Social Services
 Greenwood County Adult Education
 Greenwood County Health Department
 GLEAMNS HRC, Inc.

Insurance Corner
 Meg’s House
 Morningside of Greenwood
 Region 5 Adoptions/Heartfelt Calling
 SC Vocational Rehabilitation Center
 South Carolina Electric & Gas (SCE&G)
 United Way
 WellCare

THANK YOU!

Other Moments Captured at Community Action Day!



CSBG Staff Rosa Flores (right) giving directions for the cake walk. This was the first time a cake walk was held at Community Action Day, and it was a hit!



GLEAMNS WIOA staff Ursula McFadden (left) singing the national anthem, and CSBG staff Zsquez Flucker (right) reading the Governor's Proclamation.



GLEAMNS CSBG staff taking a group picture in their "Straight Outta Community Action" T-shirts.



CSBG staff serving and assisting during lunch.



Attendees waiting to win a door prize! They didn't want to miss hearing their ticket number being called, and agree to a quick photo. Thank you, ladies!



CSBG staff at the Greeting/Check-in table!



GLEAMNS Executive Secretary, Vanessa Frazier (left) and GLEAMNS CEO, Shunna Vance (right), showing their support on Community Action Day!



Crazy staff photo at the end of the day!

Success Stories and Good News!

Edgefield Customer Gets CNA Job!

“I can’t thank GLEAMNS enough!” says Edgefield resident, Courtney Abney, who received the training she needed to obtain full-time employment as a Certified Nursing Assistant. Almost a year ago, Courtney had enrolled in the CSBG Case Management Program. She was unemployed at the time but always had a drive to support her family. Thus, in July 2016, Courtney enlisted in the Certified Nursing Assistant course at the Lifelong Learning Center in Batesburg-Leesville, SC, taking the night classes. During the six-month duration of the course, Courtney stayed in constant contact with her case manager, Pearlie Jones, the CSBG case manager for Edgefield County. She was a very admirable student, getting to class early and doing well overall with her grades.

In December 2016, Courtney completed both the class and clinical portions of the CNA course. She went on to pass the National Nurse Aide Assessment Program (NNAAP) Exam—completing both the written portion and the skills demonstration portion—to receive her CNA certification! Just a couple of months after receiving her CNA certification, Courtney was hired as a full-time CNA at the Saluda Nursing Center. She started working in her position in March 2017.

Courtney stated that she really cannot thank GLEAMNS enough for assisting her since she is now able to take care of her two small children. The Case Management program helped refresh her Nursing Assistant skills so could successfully obtain her certification and become employed. She is so thankful that she was able to go out and find a good paying job to support her family.



“Success Story” Courtney Abney—proudly holding her Certified Nursing Assistant Certificate.

—Thanks to Pearlie Jones, GLEAMNS staff, for providing original article and customer’s picture!

CONGRATULATIONS!

“What is Case Management?” (Program Overview In under 60 seconds)



The Case Management program is designed to provide assistance to socio-economically challenged adults in becoming self-sufficient and improving their quality of life. This CSBG program provides a support mechanism that helps individuals to obtain education beyond high school or prepare individuals to become marketable in the work place.

If individuals have a desire, willingness, and commitment to improving their current situation, then several opportunities may be available. Assistance may be available according to needs, as in tuition, uniforms, books, and classroom supplies. For more information, contact your local CSBG office. (See page 21 for Office Locations.)

“Success Stories and Good News” continued

Good News from Saluda County—Another Certified Nursing Assistant!



Amanda Hunter enrolled in the Case Management program on April 17, 2017.

What did she accomplish?

Amanda completed both the class and clinical portions of the Certified Nursing Assistant (CNA) course at the Lifelong Learning Center in Batesburg-Leesville, SC. She took the CNA exam in June and **passed to receive her certification as a CNA!**

What did GLEAMNS help with?

Fees associated with the CNA course at the Lifelong Learning Center. The fees included the entire cost of the CNA program (which included textbooks), uniforms for clinicals, and the cost of the CNA exam.

—Photo of Amanda Hunter (see left) provided by Whitney Mims, GLEAMNS staff

Did you know?

Nationally, the CSBG network served over 15 million individuals in 2015.⁴

Case Manager’s Referral Leads Customer to a Job!



Cherokee case managers Betty Wheeler (left) and Brandy Tate (right) during casual Friday. Brandy is a new addition to the GLEAMNS Cherokee office!

—Photo taken by Zsaquez Flucker, GLEAMNS staff

In December 2016, Brandy Tate came to the GLEAMNS office for the very first time. She was recently laid off and heard that GLEAMNS was providing LIHEAP assistance to Cherokee County residents. At the time, there was only one case manager for Cherokee County, Betty Wheeler, and she provided assistance to Brandy. Though Betty didn’t know Brandy, she saw ‘something’ in Brandy that made her believe she would be a great addition to the GLEAMNS agency. Brandy was unaware that Cherokee county needed another case manager, so Betty recommended that she apply for the position. Although she was seeking employment, Brandy didn’t apply.

Brandy came back into the office in April 2017. She was still unemployed, and her unemployment had run out months ago. The Cherokee position was still open, so Betty followed up with her, asking her again to apply. This time, Brandy applied. She had noticed how helpful Betty was when she assisted customers, and she wanted that too. She wanted to be able to help people and have them leave with a positive experience, especially since she knew how it felt to be the one seeking help.

Later that month, Brandy interviewed for the Cherokee position. No one knew that Betty had asked Brandy to apply or that Brandy had ever been in the Cherokee office. Even so, it was evident that Brandy’s passion to help others would make her a ‘good fit’ with GLEAMNS, so she was hired! Now, Brandy and Betty are both LIHEAP case managers at the GLEAMNS Cherokee County office. They work side-by-side daily, helping each other and helping to assist those in need.

—Thanks to Brandy Tate, GLEAMNS staff, for providing original article!

GLEAMNS “Springs” into Health and Wellness for the Workplace!

To kick off the new year, GLEAMNS HRC once again participated in the state-wide health and wellness initiative from the S.C. Association of Community Action Partnerships (SCACAP). For the “Spring” period, participating agencies competed in monthly weigh-ins for only three months, from January 2017 to March 2017. During the time, only three CSBG staff members participated with the “GLEAMNS Go-Getters” (or “G3”), which is the name of the weight loss team for GLEAMNS HRC. The ladies had plenty to share regarding their recent “G3” experience, from personal lifestyle changes to their fitness goals for the future. Let’s meet them!

Meet our "GLEAMNS Go-Getters" from CSBG!

Spring 2017 Cycle



Libra

Whitney

LaRoysha

Libra Wilmore

A.K.A. “Living Lean” Libra



“I’m more conscious of tracking my food intake.”

- ◇ **Position:** CSBG LIHEAP Case Manager for Newberry County
- ◇ **Favorite form of exercise:** “Walking (treadmill or on the track).”
- ◇ **This wasn’t your first time with the GLEAMNS Go-Getters (G3), so why did you participate again?** “Because I’m not where I need to be.”
- ◇ **What changed because of your G3 experience?** “I lost a few pounds, but the struggle to keep them off is a daily task. What I am more conscious of now is tracking my food intake.”
- ◇ **Did you win any of the weekly G3 competitions?** “I won a few work week ‘hustle challenges’ in step goals. I placed as one of the winners in a weekly challenge for most burned calories.”
- ◇ **Do you have any personal health or fitness goals for the future?** “Get off blood pressure pills. And once I’m in shape enough, I would love to join a ladies softball team.”

—“GLEAMNS Go-Getters” continued on page 14

“GLEAMNS Go-Getters” continued

Whitney Mims

A.K.A. “Weight-Dropping” Whitney



“I recently joined a boot camp.”

- ◇ **Position:** CSBG LIHEAP Case Manager for Saluda County
- ◇ **Favorite form of exercise:** “Walking, and I recently joined a boot camp.”
- ◇ **This was your first time with G3, so why did you participate?**
“I felt like being in a group would hold me more accountable than trying to lose weight on my own.”
- ◇ **What changed because of your G3 experience?**
“I walk more. Also, I tend to pay more attention to what I eat because I know my G3 teammates like Ursula or LaRoysha are still watching me!”
- ◇ **Did you win any of the weekly G3 competitions?**
“No, and per the scale in Mrs. Vanessa Frazier’s office (where we would do weigh-ins), I gained weight—but I think the scale was wrong!”
- ◇ **Do you have any personal health or fitness goals for the future?**
“I would like to lose my muffin top!”

LaRoysha White

A.K.A. “Losing lbs” LaRoysha



“I went back to my first love of exercising—bike riding!”

- ◇ **Position:** CSBG LIHEAP Case Manager for Greenwood County
- ◇ **Favorite form of exercise:** “I went back to my first love of exercising—bike riding!”
- ◇ **This wasn’t your first time with G3, so why did you participate again?**
“I needed someone to hold me accountable on my weight loss journey.”
- ◇ **What changed because of your G3 experience?**
“I suffered from knee pain as a result of arthritis and calcium build up. After receiving knee injections, I was told that exercising and building up the muscles in my legs would help alleviate the pain.”
- ◇ **Did you win any of the weekly G3 competitions?**
“I won the last challenge...I was the Biggest Loser since overall I lost 22 pounds!”
- ◇ **Do you have any personal health or fitness goals for the future?**
“I would like to join the Pedal Pushers (a biking club) and ride for at least 10 miles at a time! And give up soda!”

Question: When you feel sluggish at work, what is one thing you like to do for energy?



- ◇ **“Leaving Lean” Libra says:** *If I ever feel sluggish, taking a quick walk always wakes me up.*
- ◇ **“Weight-Dropping” Whitney says:** *I get up and walk around the office.*
- ◇ **“Losing lbs” LaRoysha says:** *I get up and walk around the office about 6-7 times.*

Good luck on your health and fitness journey!

10 DESKERCISES TO DO AT WORK!



- 1 TWINKLE TOE**
Speedily tap your toes on the floor under your desk.
- 2 STAIR MASTER**
Take the stairs! Take two at a time every other flight for a real leg burn.
- 3 SLOG, THEN JOG**
Pop up from your chair and jog in place. Pick up those knees! Continue for one minute, return to spreadsheets, and repeat.
- 4 SPLIT SQUAT JUMPS**
Feet hip-width apart, step the left leg back into a lunge, switch feet so that the left foot is in front Repeat 10-12 times.
- 5 CUBICLE WANDERER**
Take a stroll down the hall to catch up with coworkers or put in some face time instead of writing an e-mail.
- 6 MOVER AND SHAKER**
Release stress and spark some energy with a quick bout of seated dancing when no one is looking!
- 7 WALL (STREET) SIT**
Standing with your back against the wall, bend the knees and slide your back down the wall until the thighs are parallel to the floor. Hold 30-60 seconds.
- 8 LAST MAN STANDING**
Stand whenever you can, and consider roping in other coworkers to have standing meetings too!
- 9 PATIENT PRINTER**
Stand with feet shoulder-width apart, press up onto the tippy toes, pause at the top, then lower back down. Repeat until the printing, faxing, or scanning is done.
- 10 SILENT SEAT SQUEEZE**
Simply squeeze your buttocks hold for 5-10 seconds, and release. Repeat until the agenda wraps up or the glutes tire.

Workout Courtesy of Greatist.com



Do you shop at Amazon.com?



Help support GLEAMNS HRC at no additional cost to you!!!

The next time you want to shop at Amazon, go to www.smile.amazon.com. Not only will you find the same products, the same prices, and the same experience as the Amazon you know, but Amazon will donate a portion of your purchase to the charitable organization of your choice. **Just select "GLEAMNS Human Resources Commission, Inc."** as your Smile charity when prompted. At no additional cost, GLEAMNS will receive a small portion of your eligible purchase. So remember to make your purchases at www.smile.amazon.com, and thank you for supporting GLEAMNS HRC!

Middle & High School Students of Greenwood County!!!

GLEAMNS HRC, INC.



"Building Leaders for Tomorrow"

Our Youth Leadership Program (YLP) is designed to provide educational opportunities to **income-eligible** students with the purpose of encouraging life and leadership skills. Students who complete YLP will be able to describe how good character aids in the attainment of their goals, emotional health, and healthy relationships. Students will also be able to demonstrate critical thinking, decision-making, and problem solving skills.

"The CSBG Youth Leadership Program has been a fun, interesting, and learning experience. If I hadn't joined the program, I wouldn't be the person I am today." *Essence Frazier, YLP Alum '16, currently attending Piedmont Technical College, Class of 2018*

Program is FREE!!**
Transportation may be available!!

MONDAY - THURSDAY, 4:30PM to 6:30PM



Computer Lab • After-School Tutoring • Workshops • Field Trips • Snacks

GLEAMNS HUMAN RESOURCES COMMISSION, INC.
 CSBG Department
 301 North Hospital Street
 Greenwood, SC 29646

Phone: 864-229-8862
 Fax: 864-227-1729
www.gleamshrc.org

For more details, please contact:
Geneva Patterson • YLP Instructor
864 • 980 • 0715
Zsaquez Flucker • Assistant CSBG Director
864 • 229 • 8803

***Participants must meet eligibility requirements.*

Employee Spotlights!

The following two spotlights are bittersweet since both of these employees are transitioning to other endeavors. As a way to celebrate their time with us, here are some fun facts about the people who made up our amazing CSBG team!

WE WISH YOU WELL!



Susan Darlene Cothran Donahoo
Worked in our
Spartanburg office

- Darlene Cothran Donahoo (She's a Donahoo now—she just got married!) is originally from **Inman, SC**.
- **Her most memorable moment at GLEAMNS** was serving her first customer with an HVAC unit! (Darlene assisted customers as one of our Spartanburg County case managers.)
- **A quote that she lives by is** “Pick your battles; everything is not always a war.”
- **Her favorite songs include** the hymn “How Great Thou Art,” “Here Without You” (by 3 Doors Down), and “Purple Rain” (by Prince).
- **The best advice she's been given** is “You preach your own funeral.”
- Something Darlene does well is **decorate homes/parties!**
- When asked about her favorite sports teams, she replied... **Nascar Racing #14 and Denver Broncos!**

- **Joshua Jones joined GLEAMNS in November 2013** as the Intake Specialist/Office Assistant for the Greenwood CSBG office.
- Joshua is originally from **Detroit, Michigan**.
- **His favorite part about working at GLEAMNS** was the chance to interact with customers and see that “sense of relief” once they left their appointments.
- **His favorite movies include** *Stand by Me*, *The Wood*, and *The Wolf of Wall Street*.
- Another language he speaks is **Spanish**.
- **If he could give someone advice**, it would be “See it, believe it, and achieve it. Then show the next person how to do it.”
- **His favorite songs include** “So Many Tears” (by Tupac Shakur), “Kiss of Life” (by Sade), and “Smells Like Teen Spirit” (by Nirvana).



Joshua Jones
Worked in our
Greenwood office

CSBG Welcomes **NEW** Employees!

*The following employees were recently added to the CSBG team,
so please join us in welcoming them!*



Theresa Keita
Intake Specialist/Office Assistant
for Greenwood County



Brandy Tate
LIHEAP Case Manager
for Cherokee County



Beaneatha Williams
CSBG LIHEAP Case Manager
for Laurens County



Quiana Davis
LIHEAP Case Manager
for Spartanburg County

WELCOME ABOARD!

—Self photos provided by each staff member

In Case You Didn't Know... (with Upper Management Staff)

Here are some fun, random tidbits about our Program Director and Assistant Program Director!



Marcella Kennedy
CSBG LIHEAP
Program Director

GLEAMNS Employee for 12 years

- **Marcella is originally from Greenwood, SC.**
- Marcella attended **Limestone College** in Gaffney, SC. Her grad school was **Webster University**.
- **Her first position at GLEAMNS** was WIA Case Manager.
- Foods that she loves include **hot dogs** and **French fries!**
- **The last book she read was** *Twinkle, Twinkle Little Star* to her goddaughter.
- **A store that has a great deal of her money is** Dollar General!
- When she was younger, her favorite TV shows included **The Cosby Show** and **Family Matters**.



Zsaquez Flucker
Assistant CSBG LIHEAP
Program Director
GLEAMNS Employee for 8 years

- **Zsaquez is originally from Alabama.** She was raised in Abbeville, AL.
- Zsaquez attended **Mercer University** in Macon, GA.
- **Her first position at GLEAMNS** was Part-time Activities Coordinator for the Teen After-School Center Program. (Back then, it was called the Department of Juvenile Justice TASC Program).
- A food she dislikes is **chitterlings**. *She's never tasted them, but they smell horrible!*
- **A book she's currently reading is** Joyce Meyer's *20 Ways to Make Every Day Better*.
- **A store that has a great deal of her money is** Michael's. It's her favorite arts and craft store; she's currently accepting gift cards!
- When she was younger, her favorite TV shows included **Power Rangers** and **Kenan & Kel**.

Just for Fun!

Staff Meets Hip-Hop Millionaire in the Upstate

How often do you get a chance to stand shoulder-to-shoulder with a millionaire? Just ask Zsaquez Flucker, our Assistant CSBG LIHEAP Program Director, who recently met Lavell Crump, better known as David Banner. As part of a tour to promote his new album, the entrepreneur came to Greenville on July 4, 2017 to speak at an event hosted by the Stacy Douglas Foundation. “I didn’t think I would meet him,” says Zsaquez. “I just heard he was coming, so I went to listen.” The rap veteran talked about his past, growing up in Mississippi, and other topics, such as how he has matured over the years. ‘Everyone has a past, but people change.’

At the end of the event, attendees lined up to meet him face-to-face. “He was very friendly,” says Zsaquez. “Though earlier he talked about some serious topics, he was actually quite funny! For someone who’s spoken in front of Congress and had movie roles with people like Kevin Hart...he seemed down-to-earth. He even swiped my phone to take his own selfie!”



CSBG’s Zsaquez Flucker (left) taking a selfie with American rapper and record producer David Banner. In the right photo, he took Zsaquez’s phone to take his own selfie!

—Photos and article provided by Zsaquez Flucker, GLEAMNS staff

Staff Member Celebrates 13 Years with Hubby

Here’s a random “wedding anniversary salute” to one of our CSBG staff members!



Congratulations to **Libra Wilmore**, our case manager for Newberry county, who recently celebrated 13 years with her husband Taliferro (or “Ferro” for short) in May!

- **So, Libra, where did you two meet?**
We met at a social event in Winnsboro, SC. He approached me, and it went from there!
- **What’s your favorite movie to watch together?**
X-Men, because though it’s mostly action (which Ferro enjoys), it has a bit of a love story (which I enjoy).
- **What’s your advice to others for a strong marriage?** *Keep the communication lines open, and never stop dating! It’s okay to take time for you and him, and not feel guilty because you have children. Always remember that when your children grow up and leave the nest, it will be you and him, so never stop spending that quality time together.*

CSBG’s Libra Wilmore created this photo grid to commemorate her anniversary this year—13 pictures for their 13 years of marriage!

**If you are ever in need of utility, rental, or educational assistance,
please contact your local CSBG/LIHEAP office:**

Please note: GLEAMNS only provides LIHEAP assistance in Cherokee and Spartanburg counties, not rental or educational assistance.

Abbeville County

706 Carolina Circle
Abbeville, SC 29620
Phone: 864-459-2100
Fax: 864-459-2616

Cherokee County

*(Located at the Senior Centers
of Cherokee County, Inc.)*

499 West Rutledge Ave.
Gaffney, SC 29341
Phone: 864-489-6140
Fax: 864-649-5240

Edgefield County

*(Located at the
Edgefield SC Works)*
400 Church Street
Edgefield, SC 29824
Phone: 803-637-6161
Fax: 803-637-9891

Greenwood County

301 N. Hospital Street
Greenwood, SC 29646
Phone: 864-229-8862
Fax: 864-227-1729

Laurens County

221-A West Laurens St.
Laurens, SC 29360
Phone: 864-984-5123
Fax: 864-681-1137

McCormick County

*(Located at the
McCormick SC Works)*
109 West Augusta St.
McCormick, SC 29835
Phone: 864-852-2662

Newberry County

*(Located at the
Newberry SC Works)*
833 Main Street
Newberry, SC 29108
Phone: 803-768-8235
Fax: 803-321-1973

Saluda County

*(Located at the
Saluda SC Works)*
407 West Butler Ave.
Saluda, SC 29138
Phone: 864-445-2035
Fax: 864-445-6326

Spartanburg County

(Located at the Bethlehem Center)
397 Highland Ave
Spartanburg, SC 29306
Phone: 864-707-5029
Fax: 864-707-5440



Did you know?

LIHEAP*, which stands for Low-Income Home Energy Assistance Program, is a federal program that helps pay for heating or cooling the home. LIHEAP funds do not pay water or sewer bills.⁵



The GLEAMNS CSBG Main Office, located in Greenwood, SC.

—Photo taken by Zsaquez Flucker, GLEAMNS staff

What's in the Future

- **Introduction to participants on our GLEAMNS agency weight loss team ("G3") for Fall 2017.** This team is a part of the 2017 Health & Wellness Campaign. The campaign is described as a network initiative for encouraging physical fitness.
- **Will "G3" be the "Biggest Loser" once again in the fall,** winning the \$1500 cash prize at the upcoming Statewide Fall Conference in November?
- **More "action" for our Youth Leadership Program,** including the Youth Leadership Institute at Hickory Knob State Park, the Youth Leadership Oratorical Forum and Banquet as well as other SCACAP events.
- **And more!**

Check us out again for our **December 2017** issue!

Thanks for giving us a read!

"Did You Know" References

1. <http://nascsp.org/CSBG.aspx>; nascsp.org, "Orientation to the CSBG"
2. nascsp.org, "CSBG State Fact Sheets"
3. <http://nascsp.org/CSBG.aspx>
4. nascsp.org, "CSBG National Report"
5. acf.hhs.gov/ocs, "LIHEAP FAQ"

Please check out our entire agency on-line at www.gleamnshrc.org.
There's more to GLEAMNS than meets the eye!

Our Agency Mission Statement:

The mission of GLEAMNS Human Resources Commission Incorporated, a community-based organization, is to deliver quality services, assistance and opportunity to eligible customers with emphasis placed on education, employment and developing self-sufficiency.

GLEAMNS CSBG

301 N. Hospital Street
Greenwood, SC 29646
Phone: 864-229-8862
Fax: 864-227-1729
www.gleamnshrc.org

Our Mission:

GLEAMNS CSBG Programs have as their mission to provide opportunities through a variety of programs for low-income persons to work toward self-sufficiency and build positive self-esteem.

Please note: The GLEAMNS CSBG newsletters are issued semi-annually.
For newsletter ideas, suggestions or comments, feel free to contact us directly at 864-229-8803.